

September 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 LABOR DAY NO CLASSES	3	4 9am Zumba Gold Chair 10am Zumba toning	5	6	7
8	9 6PM Zumba 7PM Strength	10 5:30pm Gentle Yoga with Kim	11 9am Zumba Gold Chair 10am Zumba toning	12	13 9am Zumba for all Chair/Stand	14
15	16 6PM Zumba 7PM Strength	17 5:30pm Gentle Yoga with Kim	18 9am ZGC in sanctuary NO Zumba Toning	19 5pm Aqua Zumba	20 9am Zumba for all Chair/Stand	21
22	23 6PM Zumba 7PM Strength	24 5:30pm Gentle Yoga with Kim	25 NO CLASSES Apple pies Making	26 5pm Aqua Zumba	27 9am Zumba for all Chair/Stand	28
29	30 6PM Zumba 7PM Strength	5:30pm Gentle Yoga with Kim				

SEPT 26, NO Class, but if you want to come and help assemble Apple Pies would love to have your help :)